Essex Partnership University NHS Foundation Trust

Open Arts

Registered Charity number 1053793

Volunteer Description ART ASSISTANT

This role involves working alongside professional Arts Facilitators to support the delivery of arts courses for adults with mental health difficulties.

The commitment for a project is 12 weeks.

ROLES AND RESPONSIBILITIES

Supporting the Artists:

- Arrive early to help set up and clear away at the end of session (can include putting up and taking down tables and chairs).
- Making teas and coffees.
- Any practical help with art materials.

Supporting the Participants:

- Help people feel at ease.
- If anyone needs additional support to get them going, be an encouragement (e.g. sit beside them, talk to them, do a piece of art with them).
- Gauging when to engage and when to stand back.
- Have an awareness of sensitive issues.
- To have a non judgemental attitude.
- Taking part in the art activity especially after a demonstration, if people feel awkward about 'being the first one'.
- Respecting confidentiality.
- If people need time out, supporting them in this.

Communications:

- You will meet with the Arts Project Coordinators before the project begins, then half way through the project, and again at the end of the project for support and supervision.
- Any concerns, enquiries or suggestions about the group can also be discussed with the Arts Facilitators.
- Projects last for 6 to 12 weeks, take place once a week with the same artists and group of people. Occasionally new people will join the group and will need extra support to help them settle in.

Working for EPUT

- All volunteers work for EPUT and we ask they respect the values and ethos of EPUT
- Being a team player you are there to support and be part of a team.
- Respect the expertise the experience of the Open Arts project, including taking instruction from the facilitators and project staff.
- Any matters about the Open Arts project to be discussed must be done after a session with the Arts Facilitators, or with the Arts Project Manager in supervision.





Registered Charity number 1053793

Volunteer Description EXHIBITIONS/EVENTS ASSISTANT

This role involves helping out at project events and exhibitions, as and when projects arise.

Roles and Responsibilities:

- Helping to set and clear up exhibitions
- Invigilating art exhibitions
- Helping out at community arts events
- Handing out leaflets
- Working with professional artists

Communications:

You will meet with the Arts Project Manager before the project begins, then
again during the project for support and supervision. Supervision is to
discuss any concerns, enquiries or suggestions about the project that you
may have.

Working for EPUT

- All volunteers work for EPUT and we ask they respect the values and ethos of EPUT
- Arts and Events Assistants are there to support the Open Arts project, and will work as part of the Open Arts Team under the management of the Arts Project Manager, and under the guidance of the Arts Facilitators
- Being a team player you are there to support and be part of a team
- Respect the expertise the experience of the Open Arts project, including taking instruction from the facilitators and project staff
- Any matters about the Open Arts project to be discussed must be done after a session with the Arts Facilitators, or with the Arts Project Manager.

EPUT - Working to improve lives

www.eput.nhs.uk

Open Arts

Registered Charity number 1053793



Volunteer Description SUPPORT ARTIST

This role involves working alongside professional Arts Facilitators to support the delivery of arts courses for adults with mental health difficulties.

The commitment for a project is 12 weeks.

ROLES AND RESPONSIBILITIES

Course Preparation:

- Liaise and work with the Lead Artist in the planning and preparing of the weekly workshop sessions.
- Work with the Lead Artist to give creative demonstrations of an activity to the class.
- Support the Lead Artist in taking the class to a gallery exhibition.

Supporting the Participants:

- Help people feel at ease.
- If anyone needs additional support to get them going, be an encouragement (e.g. sit beside them, talk to them, do a piece of art with them).
- Gauging when to engage and when to stand back.
- Have an awareness of sensitive issues.
- To have a non judgemental attitude.
- Respecting confidentiality.
- If people need time out, supporting them in this.

Communications:

- You will meet with the Lead Artist before the creative course begins.
- You will meet with the Arts Project Coordinator half way through the project, and again at the end of the project for support and supervision.
- Any concerns, enquiries or suggestions about the group can be discussed with the Arts Project Coordinator or with your Artist colleague.
- Projects last for 6 to 12 weeks, take place once a week with the same Lead Artist a Support Artist and group of people. Occasionally new people will join the group and will need extra support to help them settle in.

Working for EPUT

- All volunteers work for EPUT and we ask they respect the values and ethos of EPUT.
- Being a team player you are there to support and be part of a team.
- Respect the expertise, the experience of the Open Arts project, including taking instruction from the project staff.
- Any matters about the Open Arts project to be discussed must be done after a creative session with your Artist colleague, or with the Arts Project Coordinator in supervision.

Open Arts

Essex Partnership University
NHS Foundation Trust

Registered Charity number 1053793

Volunteer Description STUDIO ART ASSISTANT

This role involves working alongside studio managers to support the delivery of studio placement for adults with mental health difficulties.

ROLES AND RESPONSIBILITIES

Supporting the Artists:

- Support studio members to help set up and clear away at the end of session
- · Making teas and coffees.
- Any practical help with art materials.

Supporting the Participants:

- Help people feel at ease.
- If anyone needs additional support to get them going, be an encouragement (e.g. sit beside them, talk to them, do a piece of art with them).
- Gauging when to engage and when to stand back.
- · Have an awareness of sensitive issues.
- To have a non judgemental attitude.
- Taking part in the art activity especially after a demonstration, if people feel awkward about 'being the first one'.
- Respecting confidentiality.
- If people need time out, supporting them in this.

Communications:

- You will meet with the Arts Project Coordinators before the project begins, then at 6
 weekly intervals for support and supervision.
- Any concerns, enquiries or suggestions about the group can also be discussed with the Studio manager.
- Placements last for up to 6 months and take place once a week with the same studio manager and group of people. Occasionally new people will join the group and will need extra support to help them settle in.

Working for EUPT

- All volunteers work for EPUT and we ask they respect the values and ethos of EPUT.
- Being a team player you are there to support and be part of a team.
- Respect the expertise the experience of the Open Arts project, including taking instruction from the facilitators and project staff.
- Any matters about the Open Arts project to be discussed must be done after a session with the studio manager, or with the Arts Project Manager in supervision.